



WE NEED YOU

to limber up

AND

Walk for Home Share Clare

Sunday 28th March 2010

**FLAGGY SHORE, NEWQUAY
CO.CLARE**

REGISTRATION 12 MIDDAY

**9kms of breathtaking
scenery**

Sponsorship cards available

Jo Rynne 087 7991005

Patricia O'Meara 0876680081

**Donations welcome
on the day.**

**Please put your clocks forward and
donate your extra hour of daylight
to a good cause!**